

ST. BARTHOLOMEW'S SCHOOL
Business and Enterprise College

www.stbarts.co.uk



Headteacher:
Mrs C I S Haddrell, BA (Hons)

Andover Road
Newbury
Berkshire
RG14 6JP

AD LUCEM

NEWS INFORMATION

CHEF VIST TO ST BART'S DURING BRITISH FOOD FORTNIGHT

Tasty dishes using seasonal produce were prepared by Food Technology students in Year 11 at St Bartholomew's School as they took part in an activity for British Food Fortnight (19 September – 4 October).

With a range of fish now in season including Brill, Dabs, Dover Sole, Flounder and Skate, local chef Barry Fairchild gave the students a cookery demonstration then set the teenagers a challenge to take part in an inter-class cookery competition. They were tasked with preparing and cooking Pan Fried Brill with Tomato & Beetroot Salsa, Greens and Light Chilli Dressing. Using ingredients supplied by the Wash Common branch of Budgens, the students set out to inspire the judges Annie Cleary, Food Technologist from Budgens' Head Office and Tracy Graham, Wash Common branch Operations Manager.

Miss Sara Kinsey, Food Technology teacher at St Bart's said: "This is the second year Barry Fairchild has worked with us during British Food Fortnight and our students have really benefited from this experience. They have learnt about the importance of using seasonal produce and fresh ingredients and how cooking from scratch can save money. As a bonus to the cookery session, there was also a demonstration using locally hunted game with Barry preparing Pan Fried Venison with Wilted Savoy Cabbage and a Mustard Mash."

.../2 British Food Fortnight at St Bart's

The students enjoyed eating their dishes at the end of the lesson and were grateful for the donation of the ingredients and the advice given by Barry Fairchild.

British Food Fortnight is now in its eighth year and promotes the range of food that Britain produces.

Ends

25 September 2009

Digital photo attached shows the Year 11 students with their finished fish dishes together with chef Barry Fairchild and Budgens judges Annie Cleary and Tracy Graham.

For further information contact Karen Tyson, St Bartholomew's School, 01635 576342
Email ktyson@stbarts.co.uk