

ST. BARTHOLOMEW'S SCHOOL
Business and Enterprise College

www.stbarts.co.uk



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NEWS INFORMATION

ADVENTUROUS ST BART'S STUDENTS RETURN FROM BACKPACK EXPEDITION IN NORWAY

Adventurous Year 9 students at St Bartholomew's School spent half term on a challenging expedition backpacking through the Norwegian wilderness.

The 73 students, accompanied by 11 members of staff, embarked on a trek through rugged mountains specially organised by Far Frontiers Expeditions.

The students walked around the Setesdal Valley taking in stunning views of Byglandsfjorden (Byglands Lake) and spent several nights wild camping. They cooked for themselves and washed in the Fjords.

Peter Deam, one of the St Bart's teachers who accompanied the group, said: "The aim of the expedition was to challenge each student physically and mentally whilst encouraging them to develop leadership skills, independence and teamwork. The terrain was demanding with boggy marsh, rocky plateaus and heather; but we were rewarded with beautiful views and encountered a variety of wildlife including beavers."

The students spent the week carrying full backpacks containing all their food, tents and equipment. At the end of the trek the group enjoyed a white water rafting session.

One of the students on the expedition, Will Fearnley, aged 14, said: "This trip was absolutely amazing. The trekking was good fun and I really enjoyed sleeping in teepees at base camp."

St Bart's gives students a variety of opportunities to experience expeditions and trips abroad including exchange visits to France, Germany and Spain.

Ends

10 June 2010

Digital photo attached shows one group of St Bart's students in Norway with Fjords in the background

For further information contact:

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