



# BTEC IN SPORT

BTEC Level 3 National Extended Certificate in Sport

Exam Board: Edexcel

Specification: [Click here for more information](#)

## COURSE SUMMARY

The Course is made up of four units of work: Unit 1 is anatomy & physiology, which is an external exam. Unit 2 is fitness, training & programming for health, sport & wellbeing, which is a controlled assessment and is externally marked. Unit 3 is professional development in the sports industry, which is the careers coursework; Unit 4 is the practical sports performance. The course provides students with an excellent cross section of subject areas, which would support work in a career in sport. Students also develop key transferable skills for independent learning, research, effective communication, analysis, problems solving, writing and teamwork.

## WHY STUDY BTEC SPORT?

"This subject is accessible to all who have an enthusiasm and passion for sport; it is not graded on your practical ability. The course will help those of all abilities to improve in sport as well as being able to develop the ability to analyse the performance of yourself and others. Students also learn how to apply theory to practical situations; it helps to open up opportunities to work in the sports sector."  
*Laura & Mia*

possible, the subject is made practical and there is a constant emphasis on vocational learning.

"The lessons are interactive and include computer based work when researching case studies and undertaking assignments." *Jack*

## MIGHT LEAD TO...

This course creates a variety of routes into Sport professions. Students may progress to university courses in sport coaching, fitness and personal training, physical education, sports development, sports physiotherapy and sports psychology.

## ADVICE ON ENTRY

Previous study in sport is not required. Where students have studied the Level 2 BTEC course, a Merit or higher is preferred. Where students have studied the GCSE PE course, a Grade 5 or higher is preferred.

## READING AROUND THE SUBJECT

- [Brian Mac Sports Coach](#)
- [My PE Exam](#)
- [Teach PE](#)

## WHAT HAPPENS IN LESSONS?

Tasks are set through an assignment brief and the required content of the assignments is taught both in the classroom and in a practical environment. A variety of approaches are used ranging from presentations, case study research, debates and demonstrations. Students are expected to complete the assignments on their own but will often carry out preparation work in small teams or pairs. iPads are used extensively in lessons to record coursework evidence, reflect on learning and analyse the impact on their work. Where

"When I leave school I hope to study Sports Development and Coaching Sciences at Bournemouth University." *Callum*

