



# St Bartholomew's School Parents' Handbook

## Personal Development Programme (PDP)

The Personal Social and Health Education programme and personal development are central to the St Bart's Curriculum. Our aim is to support our students to grow up healthy, happy, safe and able to manage the opportunities and challenges of life in modern Britain.

The PDP curriculum includes elements covering health and wellbeing, relationships and living in the wider world. The latter aspect includes economic wellbeing and responsible citizenship, as well as the world of work.

The requirements of the statutory framework for Relationships and Sex Education and Health (RSE&H) are covered by each student by the end of Year 11. PDP lessons support consideration of our students' personal development, positive behaviour and welfare, while including a contribution to our students' spiritual, moral, social and cultural development, and takes account of our local context where this is relevant.

There is a 30-minute designated PDP lesson per week, taught by tutors. The lesson plans and resources are provided by in-house PDP specialist teachers who always use high quality and up-to-date materials from, for example, the PSHE Association. Parents are notified in advance by school email when sensitive issues are to be taught such as bereavement, and sex education related to health and relationships.

The PDP curriculum is complemented and supported by National Curriculum subjects, so all teachers contribute to PDP related provision through their subject teaching.

A weekly year group assembly also focuses on aspects of PDP alongside other matters.

Enrichment is provided from time-to-time by visiting speakers and theatre companies who specialise in personal development workshops and productions.

