

BTEC in Sport

BTEC Level 3 National Extended Certificate in Sport

Exam Board: EdExcel



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Course Summary

BTEC in Sport is made up of four units of work. You will cover:

- Anatomy and Physiology (Exam)
- Fitness, Training and Programming for Health, Sport and Wellbeing (Exam)
- Professional Development in the Sports Industry (Coursework & Practical Assessment)
- Practical Sports Performance (Coursework & Practical Assessment)

You will be set regular assignment briefs with content taught both in the classroom and in a practical environment. There is a focus on vocational learning and teaching approaches include a cross-section of presentations, case study research, debates and demonstrations.

You will be encouraged to work both independently and in groups. iPads will be used extensively in lessons to record coursework evidence, reflect on learning and analyse the impact on your work. You will develop key transferable skills for work in the sports professions including effective communication, analysis, problems solving, writing and teamwork

Entry Requirements

Previous study in sport is not required. GCSE PE or BTEC Sport (L2) is not required.

Course Assessment

The BTEC in Sport comprises of four units of which two are externally assessed.

Where might it lead?

A BTEC in Sport supports a variety of routes into sport professions and further education in sport coaching, fitness and personal training, physical education, sports development, sports physiotherapy and sports psychology.



This subject is accessible to all who have an enthusiasm and passion for sport; it is not graded on your practical ability. The course will help those of all abilities to improve in sport as well as being able to develop the ability to analyse the performance of yourself and others. Students also learn how to apply theory to practical situations; it helps to open up opportunities to work in the sports sector. LAURA & MIA

